

HIGHER LEARNING BASKETBALL

@ La Salle Academy



MISSION: *To improve players by teaching the fundamentals in a structured, but fun environment. We want to help players make it to the next level whether it be travel team, AAU, JV, Varsity or College.*

DIRECTORS:

Eric Simonelli

-Current Head Boys' Basketball Coach
La Salle Academy
-Former Assistant Men's Coach Salve Regina
and Keene State

Sean Casey

-Former Head Men's Basketball Coach at
Curry College
-Former Assistant Men's Coach Tufts
University

TEACHING POINTS:

Offense

Proper shooting form, ball handling, passing, individual offense, reading and using screens, moving with out the ball ,and more.

Defense

Stance, proper box out technique, team defense, defending the ball ,and more.

Overall

Conditioning, improve quickness and agility, preparation on being a great player, knowing the game.

WHERE: La Salle Academy
612 Academy Ave
Providence, RI 02908

WHEN: August 7th-11th 9am-3pm

WHO: Boys -Grades 4th-11th
*players will separated by ability

COST: \$195-includes camp t-shirt
*REGISTER BEFORE 6/1 PAY \$175

REGISTRATION:

Name: _____

Age: _____ Grade: _____

Address: _____

City: _____ State: _____

Parent email: _____

Parent phone: _____

INFORMATION:

Send checks and registration form to:
HL Sports, LLC
1012 Anthony Road
Portsmouth, RI 02871
Contact: seancasey33@aol.com
Phone: 401 – 451-5807

Sample Daily Schedule:

9:00-9:30 Warm up and Ballhandling
9:30-10:30 Drill Stations
10:30-11:30 Practice/Games
11:30-12:00 Lunch
12:00-1:00 Skill Competitions
1:00-2:00 Games
2:00-3:00 FT Shooting, Ballhandling, Dismissal