

ELITE DEVELOPMENT PROGRAM

TRYOUT INFORMATION*

PENNFIED SCHOOL
30 Sandy Point Avenue
Portsmouth, RI

June 9th (5-9pm)

*Players will be contacted with tryout results and workout times.



Elite Development Program (EDP)
will identify the top basketball
players in greater RI (max 20
players/age group).

Players will receive high level training
from top level coaches

This program will run 1x per week
from June 10th thru July 25th and
will focus on fundamental basketball
skills to improve player development.

For more detailed information contact Sean Casey (401)451 -5807 or visit
<http://higherlearningbasketball.com/elite-development-program-tryouts>

HIGHER LEARNING BASKETBALL ELITE DEVELOPMENT PROGRAM (EDP)

Higher Learning Basketball's Elite Development Program(EDP) will identify top players and offer high level training from top level coaches. The program will focus on fundamental basketball skills to improve player development.

TEACHING FOCUS

To focus on improvement of all fundamental skills, focusing a proper shooting mechanics and ballhandling. Each player will have their shooting form evaluated. Players will be given homework(optional) to feel more confident with drills. Shooting, ballhandling, footwork will be featured in all workouts. Here is a sample of a workout session:

- 5:30 - Jump Rope/2 ball warmup
- 5:40 - Dynamic Warmup/Stretch
- 5:50 - Stationary Ballhandling: timed and recorded
- 6:00 - Full Court Ballhandling Series and Finishing
- 6:10 - Footwork Series: drop step, inside and reverse pivot, jab series, shot fake
- 6:20 - Form Shooting
- 6:25 - Shooting Series: catch and shoot, using screens, shooting off the dribble, shot fake
- 6:35 - Concept of the Day: will vary each week
- 6:45 - 3 on 3 or controlled scrimmage
- 7:00 - Dismissal

DIRECTOR & STAFF

The Director of EDP is Sean Casey, who has extensive athletic background including:

- Former Head Men's Basketball Coach at Curry College
- Former Men's Asst. Basketball Coach at Tufts University
- Former Athletic Director and Boys' Basketball Coach at the George School (Boarding School in greater Philadelphia)
- Currently the owner of Scholar & Athlete Consulting, which advises families in the college recruiting process.

Other staff members will be current and former college coaches/players or High School Varsity Coaches. College and High School players will assist with appropriate age groups, but will not be lead coaches. We will have a low player to staff ratio to maximize teaching opportunities.

How are Players Selected/Tryout Information

Eligible players are from the greater Rhode Island, boys and girls entering grades 4rd-11th. Open tryouts will take place and maximum of 20 players per age group will be selected. If selection committee doesn't feel like there are 20 players that would be the right fit, then less than 20 players may be selected. All players will be evaluated by a group of qualified coaches. Each player will attend a minimum of one tryout and may be asked to be re-evaluated if needed. Players will be evaluated on ability, athleticism, skill level, and attitude. Tryouts will take place at the Pennfield School on June 2nd and 3rd from 5-9pm. Each age group will be assigned a one hour time slot and parents will be notified of date and time slot the week prior. If needed there will be additional tryout and parents will be notified. There is a \$20 fee to tryout.

DATES/COSTS

If selected, players will attend 6 sessions that will last 1.5 hours each. Sessions will be 1x per week on the following weeks(specific dates will be announced): June 10,17,24 and July 8,15, and 22. We will also

offer 2-3 makeup dates if a player is away for a session. There will also be an additional date(TBD) where players will participate in a one hour game. This year we will also have two special nights, where former Portsmouth players Chris Herren, Jr and Cole Swider will do two separate workouts for EDP Players only. Chris, who just finished his freshmen year at Boston College, will speak/workout in June(date to be announced). Cole, who finished his freshmen year at Villanova, will present sometime in August. The cost is \$195 per player, plus a small additional fee for a reversible jersey, shorts, and a jump rope.

FACILITY

Pennfield School 30 Sandy Point Ave. Portsmouth, RI

BENEFITS OF PARTICIPATING IN THE ELITE DEVELOPMENT PROGRAM

1. Development as a player. The opportunity to train and play with the best players in each age group.
2. Quality instruction from top level coaches.
3. Tracking improvement.
4. For all six sessions, skill development is key focus. For 3v3/controlled scrimmage play will be stopped to reinforce positive play and correct mistakes.